



UNITY



DATA



PLANNING



FIT



INTEGRATION



COMMUNICATION



SUSTAINABILITY

Strategic Planning Worksheet Overview

Use this worksheet as you go through the [Community-Led Suicide Prevention web-based toolkit](#). It will help you bring together your progress across the seven elements. In particular, it will help you link your suicide prevention planning with the evidence-informed approaches in CDC's [Suicide Prevention Resource for Action](#).

Use a new worksheet (with all three sections) for each priority group you choose. The information in Section 1 will be used in Sections 2 and 3. Some information from Section 2 will be used in Section 3. You can download the worksheet from from <https://communitysuicideprevention.org/worksheet/> and either fill it out on a computer and save it, or print out blank copies and write in your responses by hand.

This material was made possible by Cooperative Agreement #NU17CE924917, CFDA: 93.136 from the Centers for Disease Control and Prevention (CDC) through a subcontract from the Safe States Alliance. Its contents are solely the responsibility of the authors and do not necessarily reflect the official views of CDC or Safe States Alliance.



NAME OF COMMUNITY:		Put your community's responses in this column	See these key areas and steps in the Community-Led Suicide Prevention toolkit for context
PRIORITY GROUP	1) List the name or characteristic of a group with higher suicide risk (e.g. demographic, type of work, residential area, characteristic such as "involved in child welfare system" or "has substance misuse disorder"):		DATA: Key Area 1, Step 5 PLANNING: Key Area 1, Step 3
	2) List sub-group(s) that is/are most heavily impacted (additional name or characteristic if applicable):		DATA: Key Area 1, Step 5 DATA: Key Area 2, Step 8 PLANNING: Key Area 1, Step 3
	3) Name individuals and organizations from this population that are part of your coalition or advisory group:		UNITY: Key Area 2, Step 3
CONTEXT	4) Check off one or more statements to show why this group is a focus. Compared to the general population this group has:	Higher suicide death rate or number Higher suicide attempt rate or number Large increase in suicide attempts or deaths in last 3-5 years	DATA: Key Area 1, Step 5 PLANNING: Key Area 1, Step 3
	5) List risk factors this group has:		DATA: Key Area 2, Step 8 PLANNING: Key Area 2, Step 1
	6) List protective factors this group has:		DATA: Key Area 2, Step 8 PLANNING: Key Area 2, Step 1
GOAL	7) Check one of the boxes to show your long-term goal:	Reduce rates or numbers of suicide deaths Reduce rates or numbers of suicide attempts	PLANNING: Key Area 2, Step 2



SEE THE RELEVANT KEY AREAS AND STEPS BELOW EACH OF THE FOLLOWING DIRECTIONS FOR CONTEXT.

1) List your intermediate goals and which risk & protective factors they're based on (from Section 1, Rows 5 & 6).

2) List the evidence-based approach from [CDC's Suicide Prevention Resource for Action](#) that relates to your intermediate goal. (You'll note partners who can help in Section 3.)

3) For each approach, list program, policy, or practice from [Suicide Prevention Resource](#) appendix, or your local culture. Cultural approaches should directly address suicide or risk & protective factors from Column 1.

4) a. Note any programs, policies, or practices you'll need to **adapt**.
b. Note if any programs, policies, or practices are not **feasible** and/or cannot be adapted for needed **cultural fit**.

5) Review your remaining list of programs, policies, and practices. **Prioritize** which to take on in the **next two years** and list them below.

6) List SMARTIE Objectives for remaining programs, policies, and practices. (SMARTIE: Specific, Measurable, Achievable, Relevant, Time-bound, Inclusive, Equitable.)

PLANNING
Key Area 2, Step 2

INTEGRATION
Key Area 1, Step 2

INTEGRATION
Key Area 1, Step 2

FIT
Key Area 3, Step 2
INTEGRATION
Key Area 1, Step 3

INTEGRATION
Key Area 1, Step 5

PLANNING
Key Area 2, Step 5
DATA
Key Area 3, Step 6

Long-term goal, priority group, and sub-group (from Section 1):

--	--	--	--	--	--

--	--	--	--	--	--

SEE THE RELEVANT KEY AREAS AND STEPS BELOW EACH OF THE FOLLOWING DIRECTIONS FOR CONTEXT.

Section 2

1) List your intermediate goals and which risk & protective factors they're based on (from Section 1, Rows 5 & 6).

2) List the evidence-based approach from [CDC's Suicide Prevention Resource for Action](#) that relates to your intermediate goal. (You'll note partners who can help in Section 3.)

3) For each approach, list program, policy, or practice from [Suicide Prevention Resource](#) appendix, or your local culture. Cultural approaches should directly address suicide or risk & protective factors from Column 1.

4) a. Note any programs, policies, or practices you'll need to **adapt**.
b. Note if any programs, policies, or practices are not **feasible** and/or cannot be adapted for needed **cultural fit**.

5) Review your remaining list of programs, policies, and practices. **Prioritize** which to take on in the **next two years** and list them below.

6) List SMARTIE Objectives for remaining programs, policies, and practices. (SMARTIE: Specific, Measurable, Achievable, Relevant, Time-bound, Inclusive, Equitable.)

PLANNING
[Key Area 2, Step 2](#)

INTEGRATION
[Key Area 1, Step 2](#)

INTEGRATION
[Key Area 1, Step 2](#)

FIT
[Key Area 3, Step 2](#)
INTEGRATION
[Key Area 1, Step 3](#)

INTEGRATION
[Key Area 1, Step 5](#)

PLANNING
[Key Area 2, Step 5](#)
DATA
[Key Area 3, Step 6](#)

Long-term goal, priority group, and sub-group (from Section 1):



<p>1) Below, list each SMARTIE Objective (from the last Column in Section 2).</p>	<p>2) What measures will you use to evaluate your objective's impact?</p>	<p>3) Who could you partner with for the programs, policies, and practices in your SMARTIE Objective?</p>	<p>4) List how and how often you will update partners and key audiences on progress and impact of your program, policy, or practice.</p>	<p>5) List funding types and opportunities you could pursue to develop and carry out this approach over the long term.</p>
	<p><u>DATA</u> <u>Key Area 3, Step 5</u></p>	<p><u>UNITY</u> <u>Key Area 3, Step 4</u></p> <p><u>PLANNING</u> <u>Key Area 3, Step 4</u></p>	<p><u>COMMUNICATION</u> <u>Key Area 1, Step 5</u></p> <p><u>SUSTAINABILITY</u> <u>Key Area 1, Step 1</u></p>	<p><u>SUSTAINABILITY</u> <u>Key Area 2, Step 3</u></p>
<p>Long-term goal, priority group, and sub-group (from Section 1):</p>				

Section 3

1) Below, list each SMARTIE Objective (from the last Column in Section 2).

2) What measures will you use to evaluate your objective's impact?

3) Who could you partner with for the programs, policies, and practices in your SMARTIE Objective?

4) List how and how often you will update partners and key audiences on progress and impact of your program, policy, or practice.

5) List funding types and opportunities you could pursue to develop and carry out this approach over the long term.

DATA
Key Area 3, Step 5

UNITY
Key Area 3, Step 4

COMMUNICATION
Key Area 1, Step 5

SUSTAINABILITY
Key Area 2, Step 3

PLANNING
Key Area 3, Step 4

SUSTAINABILITY
Key Area 1, Step 1

Long-term goal, priority group, and sub-group (from Section 1):
